# BREAKFAST

Breakfast Sandwich ...... \$6.50 Choose one of our real food, freshly made breakfast sandwiches on your choice of handcrafted bread. Wake up your taste buds with either ham or bacon and your selection of cheese. (choice of breads, garlic herb spread, ham or bacon, egg, choice of cheese, and tomato, if desired) - 670 Cal.

Delicious Scone Variety ...... \$2.85 - \$3.00 Made-from scratch Blueberry, Cinnamon Chip, Chocolate Chip Or Savory Scones. - 530 Cal.

Gooey Cinnamon or Pecan Rolls \$2.70/\$2.85 - 600/690 Cal.



# **GRAIN BOWL & SALAD**

#### Mexicali Salad ..... \$8.25

(Above) Mixed greens, smoked turkey breast, fresh avocado, shaved cabbage, cherry tomatoes, red onion, black beans, tortilla chips, cilantro, and our delicious house-made chipotle honey lime yogurt dressing. - 290 Cal.

# Fresh Seasons Grain Bowl ...... \$7.50

Mixed greens, sliced almonds, sunflower seeds, crumbled cheese, and seasonal fresh fruit. Tossed with toasted wheat, guinoa, and our house-made balsamic vinaigrette. - 390 Cal.

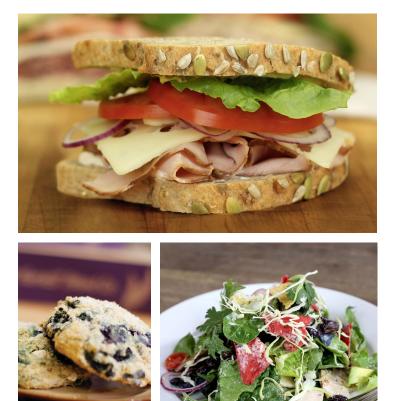
ASK US ABOUT OUR SPECIAL!

We also offer Box Lunches & Catering. We can prepare a boxed lunch for the road or cater your office luncheon.



Bread. The way it *ought* to be.

- MENU -





5117 Main St. Unit A Downers Grove, IL 60515 (630) 541-9435

# CLASSIC SANDWICHES

Classic Ham & Cheese \$7.00 Whole / \$4.25 Half Smoked ham with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix. - 670 Cal.

Classic Turkey ...... \$7.25 Whole / \$4.45 Half Smoked turkey breast with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix. - 580 Cal.

**PB & J** ...... \$4.50 Creamy Peanut Butter & Jelly - 620 Cal.



# HOT SANDWICHES

Spicy Apple Bacon Grilled Cheese ...... \$7.00 (Pictured Above) Melted sharp cheddar cheese & provolone, thinly sliced apples, bacon, and pepper jelly. - 600 Cal.

#### Grilled Cheese \$5.50

An old favorite, features your bread of choice, cheddar & provolone cheese, and a light taste of our garlic & herb spread. Add: smoked ham 50¢, crispy bacon 50¢, tomato no cost. - 660 Cal.

Smoked turkey, ham, Swiss cheese, sliced dill pickles with our special house-made pickled red onions, and Dijon mustard spread. - 580 Cal.

Grab a to go breakfast or advance order a Box Lunch for the train!



### SIGNATURE SANDWICHES

Baja Chipotle Turkey ...... 8.25 (Pictured Above) Smoked turkey breast with a chipotle honey lime yogurt sauce, shaved cabbage, pickled red onions, tomato, avocado, pepper jack cheese, and salt & pepper mix served on Honey Whole Wheat bread. - 660 Cal.

Louisville Chicken Salad ...... \$7.50 White meat chicken with a seasoned mayonnaise dressing, sweet & spicy pecans, lettuce, tomato, red onion, and salt & Pepper mix. - 670 Cal.

Veggie Three-Seed Hummus ...... \$7.50 Roasted sesame, sunflower, and pumpkin seeds puréed with chickpeas in a healthy, protein packed hummus spread served on Dakota bread. Includes lettuce, tomato, onion, and salt & pepper mix. - 540 Cal.

**The Italian** ...... \$7.50 Shaved Genoa salami and smoked ham topped with a roasted red pepper black olive tapenade and provolone cheese drizzled with red wine vinaigrette. Served on White Bread with lettuce, tomato, onion, and salt & pepper mix. - 640 Cal.

# FEATURED BREADS

Cheddar Garlic or Asiago Buns ...... add 75¢ Want your sandwich on a savory, cheesy bun? For a small up-charge you can add a whole lot of flavor! - 130 Cal.